



Volume 2 Issue 5

# NEWSLETTER

## Welcome

Dear Relative,

Welcome to our August edition! As summer reaches its golden peak, we're embracing the warmth, joy, and vibrant energy that this season brings.

We will be sharing some lovely photos from July, in which we had our second Annual Summer Fete! We thank all that attended and supported our raffle. We proudly inform that the amount of £170 was raised for Second Chance. On behalf on the organisation, we thank you for your contribution.

### Entertainment and Activities

Just enjoying the sunny weather and our beautiful location! Outings for a walk, for ice-cream or a pint!



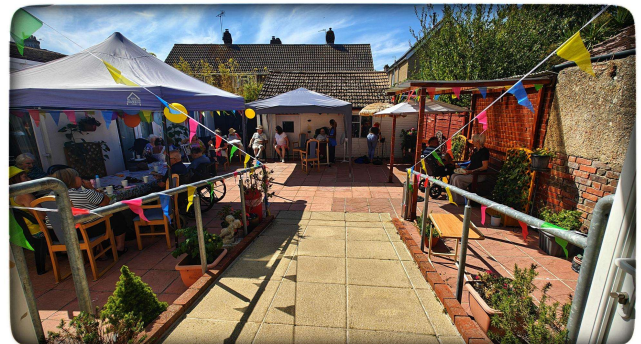
Some of our in-house activities, with the support of Sindy.



An activity provided by the Portsmouth City Council and arranged by Sindy... A ride in rickshaw bikes!

### Entertainment and Activities

Our Summer Fete!



## Home and Staff News

We continue enjoying the summer weather in August and do not have any work or decoration planned for this month.

Our teams are set and working arduously towards ensuring the best standards of care for your loved one.

We have been contacted by Canon Harriet, from the Church of England Diocese for Portsmouth, regarding the offer of their services. Anna Chaplaincy – a ministry of the Christian charity BRF – has been established specifically to provide care for older people, especially those living in care homes and sheltered accommodation, and to their families and the staff that look after them. Anna Chaplains also promote the spiritual welfare of older people in the wider community, particularly those facing challenges living independently.

We will have regular visits by Anna Chaplains. But they have also kindly offered to have a supportive role within situations of end-of-life care within the Home.

We ask that anyone wanting to have this support for their loved one, please speak to Sindy to understand the service provided.

We also would like to remind you that it is the three-monthly survey for family, friends and advocates. A link will be shared via email.

## For next month

In August we shall continue with our regular planned activities. Please do refer to the activity board for an update on what will be occurring during the week.

The volunteers from the HIVE continue to visit and work alongside Sindy, our activities coordinator, in supporting with one-to-one activities or outings.

We will also have the dance group, ***Dancing with Flavio*** return for a show of beauty and elegance! It is always quite lovely event, so please do feel free to visit and enjoy the show with us on the 8<sup>th</sup> of August in the early afternoon.

***Jeff*** will be visiting again, for a show of music, bringing many smiles and joy.

We are making the most of the lovely weather and giving the best possible use to our garden.

We are also trying to support regular outings, to enjoy the lake or seaside. This, as you may imagine, needs to be planned and coordinated due to the high affluence of people to the Southsea area during the Summer months.

We are however set on ensuring that your loved one enjoys the outdoors as much as possible and within each individual's liking.

If there area any suggestions that you would like to make, please do speak to Sindy to share your thoughts.

Please know that if you would like to see previous newsletters, we have these on our Home's website:

<https://regencynh.co.uk>

We are also eager to receive any feedback you may have.

You are welcome to do so by speaking to our staff, or alternatively you may refer to the contact option on the website.

You may also choose to provide feedback via Google review.

We are also very keen on any ideas or suggestions you may have to further enhance the quality of life for your loved one. Please use the comments/suggestion boxes placed in the Home, or alternatively, you may refer to the website contact option, as stated above.

Our surveys are sent out on a three-monthly basis. These are essential in obtaining your feedback and understanding what we can improve within the Home, from a family member's perspective. We are going to have our Family, Friends and Advocates Survey this month. You would have received a link within the email in which you received the newsletter. We ask that you kindly complete these.

## Our Mission

*Our goal is to provide compassionate, person-centered care that meets the physical, emotional, and social needs of each individual in our care, by creating a supportive and nurturing environment*

## Activity Schedule

Our activity schedule includes the following regular activities:

Monday – Seated Exercises with Ross

Tuesday – Meditation with Jung

Tuesday – Quiz with Mandy

Friday – T42 Music

Our Friendly Pets visits continue to occur at least once a month.

We have VISOsport attending once monthly.

We continue with the regular visits by the hairdresser/barber and podiatrist.

We will be having Nursery children visit on a regular basis.

We are getting volunteers in to assist with several activities, such as gardening, planned outings, 121 activities.

Please refer to the monthly Activity Schedule we have on display at the Home, for any updates.