



Volume 2 Issue 4



## Welcome

Dear Relative,

As summer blossoms around us and the longer days lift our spirits, we are delighted to bring you the latest news and heartwarming highlights from the past month.

We will be sharing recent events and upcoming plans and activities, with photos of joyful moments.

We thank you for your ongoing support, trust and connection. Our goal remains, as always, to ensure a safe, warm and lively environment where your loved ones are at the heart of everything

### Entertainment and Activities

As announced last month, we had a day out for the ladies, with a pampering session.



One of the much expected and enjoyed activities, was the show by the Tango Dancers! This time round, staff joined and we had quite a show.



### Entertainment and Activities

With the lovely summer weather, we have been enjoying the outdoors as much as possible!



We continue with regular activities, as seen here, with a baking session and a Visosport visit.



## Home and Staff News

In July we have planned some work in the Home, in line with our ongoing upgrade and decoration plan.

As such, we shall be changing the furniture in the main lounge of the Home. This will of course be done swiftly and should not impact on day to day running of the Home.

We do however want to carry out some painting to this lounge. We are awaiting confirmation on the day and will inform you accordingly, as we will need to close access to this area of the Home for a short period.

As you are aware, we do have the sun lounge and given the lovely weather, will also have the garden area to ensure your loved one can access communal areas whilst work is being completed.

As for staff news, we would like to let you know that Sherry, one of our housekeepers has decided to retire and will be leaving us this month. We truly wish her all the best.

We have already recruited someone for her position and currently have Mbaah on her induction with housekeeping team.

## For next month

In July we continue to make the best of the lovely weather.

Please do join us for our Summer Fete on Friday the 18<sup>th</sup> of July, from 3pm to 6pm. We are having live entertainment with some lovely treats prepared by our amazing kitchen staff.

There will be a raffle and all proceeds from the raffle will be donated to Second Chance Children's Charity. Second Chance is a charity organization that provides care and support for children who need special help.

We ask that you kindly contact us until the 16<sup>th</sup> of July, to confirm your attendance. This can be done by contacting Cindy, our activities coordinator, or by calling the Home and speaking to Lee-Anne, our assistant manager. Please do inform of any allergies you may have.

Over July we continue with our regular activity schedule and plan on having frequent outings to enjoy the summer weather in Southsea, with the support of the volunteers from the HIVE. As announced, we were waiting for more volunteers to join us, and this has just recently occurred.

As always, please refer to the communication board in the Home for any updates on ongoing activities, if you would wish to attend and participate.

Please know that if you would like to see previous newsletters, we have these on our Home's website:

<https://regencynh.co.uk>

We are also eager to receive any feedback you may have.

You are welcome to do so by speaking to our staff, or alternatively you may refer to the contact option on the website.

You may also choose to provide feedback via Google review.

We are also very keen on any ideas or suggestions you may have to further enhance the quality of life for your loved one. Please use the comments/suggestion boxes placed in the Home, or alternatively, you may refer to the website contact option, as stated above.

Our surveys are sent out on a three-monthly basis. We would like to thank all that completed our last survey. These are essential in obtaining your feedback and understanding what we can improve within the Home, from a family member's perspective. The next survey is due in August. This will be sent to you via email.

## Our Mission

*Our goal is to provide compassionate, person-centered care that meets the physical, emotional, and social needs of each individual in our care, by creating a supportive and nurturing environment*

## Activity Schedule

Our activity schedule includes the following regular activities:

Monday – Seated Exercises with Ross

Tuesday – Meditation with Jung

Tuesday – Quiz with Mandy

Friday – T42 Music

Our Friendly Pets visits continue to occur at least once a month.

We have Visosport attending once monthly.

We continue with the regular visits by the hairdresser/barber and podiatrist.

We will be having Nursery children visit on a regular basis.

We are getting volunteers in to assist with several activities, such as gardening, planned outings, 121 activities.

Please refer to the monthly Activity Schedule we have on display at the Home, for any updates.