



Welcome

Dear Relative,

A warm welcome to April!

As of now, we shall endeavour to have regular updates for you via a monthly newsletter from Regency Nursing Home.

Our goal is to keep you involved in the day-to-day life at Regency.

We would like to thank you for completing the surveys as these have enabled us to acknowledge areas to improve.

As such, we have strived to improve the social and leisure activities at Regency.

Entertainment and Activities

Different leisure interests have been pursued throughout March.

We now have weekly sessions with Jung for Meditation. These sessions have been well received and have contributed to enhance wellbeing for your loved one.

We continue to have Quiz Day with Mandy and Able Classes with Ross. These are well known and quite dear to many.

We have promoted more music-based performances, with DJ Townrow and David.

Our regular and well-known group T42 continue to visit as well.

We also had two visits from Candy and Willow. These lovely puppies made everyone's joy and we cannot wait to have them back.

All have been successful in providing many smiles and happy moments.

In March we celebrated Mother's Day and St Patrick's Day, with themed lunches.

On Easter Sunday we had Easter decorations and chocolate treats for your loved one.

For April, we shall continue to invest in activities that will promote and enhance wellbeing.

We are hoping to be able to have more outdoor activities as the weather improves. Updates on these will follow soon.

Regular services

We continue to have regular 4 to 5 weekly visits from the barber, the hairdresser, and the podiatrist.

Home and Staff News

We additionally want to share with you some improvements we are making in the Home, such as renewing some equipment, enhancing ways of working, as well as reinforcing our teams.

In addition to having promoted RGN Billy Jean to Clinical Lead, we have also welcomed Helen to our nursing team.

We will also be welcoming Dr Thakshi as Director of Care. Dr Thakshi is a GP and will in due course, be contacting you for care plan review discussions regarding your loved one. We hope you take this opportunity to share any questions or feedback you may have.



Activity Schedule

These regular activities take place on a weekly/fortnightly basis in the lounge

Monday Afternoon

Armchair exercises with Ross

Tuesday Afternoon

Quiz led by Mandy

Wednesday Afternoon

T42 with Janet

Thursday Afternoon

Jung Meditation

Friday Afternoon

Bingo led by our staff

Saturday afternoon

Book club/discussion group led by our staff

Sunday afternoon

Friendly Pets visits