



Volume 1 Issue 9

# NEWSLETTER

## Welcome

Dear Relative,

As we embrace the festive season, we are delighted to bring you the December edition of our newsletter. This month, our hearts are filled with joy and gratitude as we reflect on the wonderful moments we've shared together over the past year.

Thank you for being a vital part of Regency Nursing Home family. We wish you a December filled with warmth, happiness, and many magical moments.

### Entertainment and Activities

In November we had a bit of a troubled start, but still made the most of it, with the support and dedication of our staff.



We had some cupcake decorating.

The library trip, which is always a success!

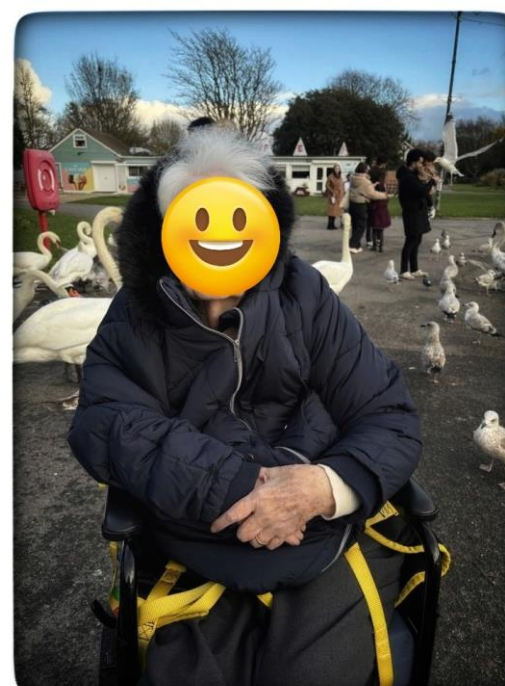


And the Friendly Pets visit, which is certain to bring on smiles every time!



Visit by Reverend Bob Mason, who kindly went to all the rooms to ensure he met with anyone wanting to see him.

Making some unique Christmas Cards!



Some walks along the seafront, making sure we were set to face the November weather.

## Home and Staff News

In November we have welcomed yet another carer to our team. Her name is Adesola and she will be joining us to step in for Deborah, who is expecting her baby later this month. We wish her all the best! Our ongoing decoration plan continues! We are now able to inform that the different floors in the Home, have already had their designations determined. As such, floor one will be known as ***Dawn Unit***, floor two as ***Chestnut Unit***, floor three is the ***Indigo Unit***, floor four is the ***Truffle Unit*** and lastly, floor five will be the ***Emerald Unit***.

As declared last month, we have further enhanced our systems to provide feedback to the Home. You would have received our survey, and we thank you for taking the time to complete it.

### **Provider Meeting**

Lastly, we thank all that were able to attend the Provider meeting. We shall be sending the minutes to anyone that was unable to make it to the meeting and request that you contact the Home, if you wish any further discussion or clarification on any topic.



## For next month

For December month, we have planned a lovely Christmas Party! This will take place on the 18<sup>th</sup> of December, at Regency Nursing Home, and we would like anyone able to attend, to join us on this festive occasion.

Please ensure you contact the Home and speak to Lee-Anne, to confirm your presence, as well as inform of any allergies that we need to be aware of. We kindly request that you do this by the 16<sup>th</sup> of December, so that we may prepare accordingly.

Our monthly activity schedule will also be available on the notice board. Please check regularly and let us know if there is anything you would like to join in with.

As an outcome of the Provider meeting, we are working on improving any issues brought to our attention. A point mentioned, were the day-to-day activities. We are keen to improve and ask for your collaboration and support, as the goal is to enrich the quality of life of your loved one, with your continuous involvement.

We look forward to celebrating the holiday season with you and making more cherished memories together. From all of us at Regency Nursing Home we wish you a season filled with peace, happiness, and special moments with your loved ones.

Warmest holiday wishes,

The Regency Nursing Home Team

Please know that if you would like to see previous newsletters, we have these on our Home's website:

<https://regencynh.co.uk>

We are also eager to receive any feedback you may have.

You are welcome to do so by speaking to our staff, or alternatively you may refer to the contact option on the website.

You may also choose to provide feedback via Google review.

We are also very keen on any ideas or suggestions you may have to further enhance the quality of life for your loved one. Please use the comments/suggestion boxes placed in the Home, or alternatively, you may refer to the website contact option, as stated above.

Our surveys shall be sent out on a three-monthly basis, with the next one due in February 2025.

## Our Mission

*Our goal is to provide compassionate, person-centered care that meets the physical, emotional, and social needs of each individual in our care, by creating a supportive and nurturing environment.*

## Activity Schedule

**Monday Afternoon** Armchair exercises with Ross

**Tuesday Afternoon** Quiz led by Mandy

**Wednesday Afternoon** T42 with Janet

**Thursday Afternoon** Jung Meditation

**Friday Afternoon** Bingo led by our staff

**Saturday afternoon** Book club

**Sunday afternoon** Pampering sessions

Our Friendly Pets visits continue to occur at least once a month.

We continue with the regular visits by the hairdresser/barber and podiatrist.

Please refer to the monthly Activity Schedule we have on display at the Home, for any updates.