



Volume 1 Issue 6

NEWSLETTER

Welcome

Dear Relative,

As the leaves begin to change and the air turns crisp, we are excited to bring you the latest updates and events from the last month.

As always, please see news on *Entertainment and Activities*, *Home and Staff* updates and our planned activities for the *Next Month*.

Entertainment and Activities

In August we still had some rainy days, so our indoor activities were also present with our Activities Coordinator Myrna.



Our main event was the Regency Resident Summer Fete, with a great show by the Pompey Pluckers!



The Lord Mayor graced us with his presence, making someone's birthday extra special.



We had a raffle, with proceedings going towards [DementiaUK](#). We would like to thank all that helped us raise £50 to donate towards this cause.

Our lucky raffle winner with her prize and company of her lovely granddaughter!



Home and Staff News

In August, we have welcomed a new member of staff to our Housekeeper's team. Please join us in welcoming Arif Hussain to the Regency team.

As for Home news, you may have noticed that we are currently having some decoration done to the Home.

Within our goal to enhance the care provided in Regency Nursing Home, we are aiming not only to refresh the environment, but also to promote a Dementia Friendly setting.

As such, following a phased decoration plan, we will be having colour themed floors, to enhance recognition and promote independence for people living with Dementia.

If you would like any clarification on this matter, please request to speak to the Manager.

Another change within the Home is the newly installed Nurse Call System. The system has been entirely replaced, with the addition of some features to further assist in the safety of your loved one.

For next month

Next month, we are planning to upgrade our CCTV system. This will not change the usage and implications of the CCTV system.

For September activities we are planning to integrate a few more indoor activities as we expect the Autumn weather to set in.

As such, we will have Cake Decorating, Bird Seed making and Arts and Crafts sessions.

In the Arts and Crafts sessions, we will be making Autumn lanterns to decorate the Home for the season. This was a lovely suggestion by one of our service users.

We are also hosting a Macmillan Coffee Morning on the 27th of September. We shall be preparing a variety of sweet treats and are hoping to raise funds towards this amazing cause. Further details on times, and how to attend, will follow soon.

We hope you will be able to attend!



Please know that if you would like to see previous newsletters, we have these on our Home's website:

<https://regencynh.co.uk>

We are also eager to receive any feedback you may have.

You are welcome to do so by speaking to our staff, or alternatively you may refer to the contact option on the website.

You may also choose to provide feedback via Google review.

We are also very keen on any ideas or suggestions you may have to further enhance the quality of life for your loved one. Please use the comments/suggestion boxes placed in the Home, or alternatively, you may refer to the website contact option, as stated above.

Our Mission

Our goal is to provide compassionate, person-centered care that meets the physical, emotional, and social needs of each individual in our care, by creating a supportive and nurturing environment.

Activity Schedule

Monday Afternoon Armchair exercises with Ross

Tuesday Afternoon Quiz led by Mandy

Wednesday Afternoon T42 with Janet

Thursday Afternoon Jung Meditation

Friday Afternoon Bingo led by our staff

Saturday afternoon Book club

Sunday afternoon Pampering sessions

Our Friendly Pets visits continue to occur at least once a month.

We continue with the regular visits by the hairdresser/barber and podiatrist.

Please refer to the monthly Activity Schedule we have on display at the Home, for any updates.