



Volume 1 Issue 12



Welcome

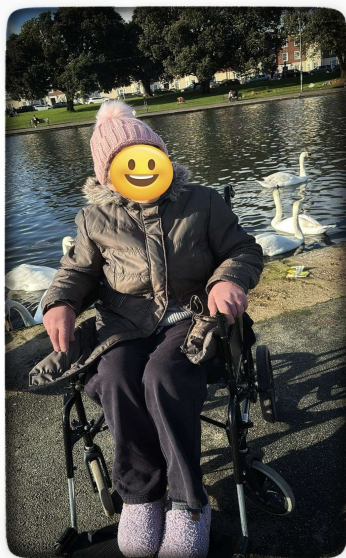
Dear Relative,

As we step into the vibrant month of March, we are reminded that this month brings the promise of new beginnings, fresh blooms, and a renewed sense of community.

We hope to reinforce this sense of renewal and community within our Home. We are committed to ensuring the everyone feels connected, cared for, and celebrated.

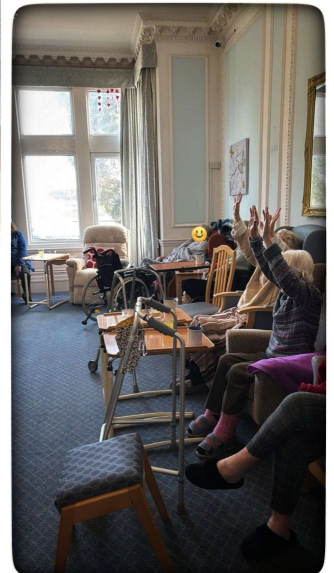
Entertainment and Activities

In February we made the most of any good weather and enjoyed walks by the Canoe Lake.



We also had our usual activities.

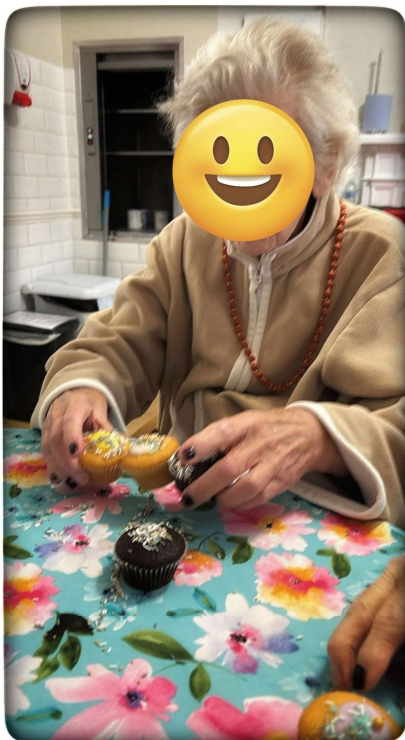
Exercising is never forgotten, especially in a month with such sweet treats!



We celebrated Valentines Day, with some very tasty treats, made by our lovely Kitchen team!

Entertainment and Activities

We had to prepare the sweet treats, so all had to work on some cupcake decoration!



Musical Activities are always an enjoyable and happy event!



And the Quiz with Mandy!

Mandy will also visit the rooms, to ensure all have the opportunity to participate.



Home and Staff News

As announced last month, one of our goals was to have a new Activities Coordinator. Our Activity Coordinator will be Survinder Kaur. Many may already know Cindy from before. Cindy recently returned to the Regency team, but her heart and main passion, is to coordinate activities. We are happy to be able to support Cindy back into this role.

We also recruited another Registered Nurse. So, along with Jaissy, that joined us last month, please welcome Aswathy to the Regency Nurses' team.

The new Health Care Support Worker, that will be stepping in for a carer on Maternity Leave, is Jisha Roy. She is an experienced carer and has recently started her placement with us.

We have had two Health Care Support Workers leave us recently. We wish Josephine and Myrna all the best for their personal pursuits.

For next month

In preparation for Spring, we are planning on having some work done in the garden.

We shall announce when this work will be occurring, as to cause the least disruption possible to the day-to-day activities.

In March, we enjoy Pancake Day!

We will also be celebrating Mother's Day. Details will follow closer to the date, which is on the 30th of March this year.

A reminder that the start of British Summer Time is also on March 30th at 1:00 am, when clocks will go forward an hour.

As always, we are keen to receive any feedback, ideas or suggestions that you may have. Please feel free to either email these to us, or you may choose to speak directly to the team.

As announced, Cindy will be stepping into the role soon and will be available to discuss any queries with you.

You may also address Lee-Anne with any suggestions you may like to share with the Home.

Please know that if you would like to see previous newsletters, we have these on our Home's website:

<https://regencynh.co.uk>

We are also eager to receive any feedback you may have.

You are welcome to do so by speaking to our staff, or alternatively you may refer to the contact option on the website.

You may also choose to provide feedback via Google review.

We are also very keen on any ideas or suggestions you may have to further enhance the quality of life for your loved one. Please use the comments/suggestion boxes placed in the Home, or alternatively, you may refer to the website contact option, as stated above.

Our surveys shall be sent out on a three-monthly basis, with the next one due in February 2025.

Our Mission

Our goal is to provide compassionate, person-centered care that meets the physical, emotional, and social needs of each individual in our care, by creating a supportive and nurturing environment

Activity Schedule

Monday Afternoon Armchair exercises with Ross

Tuesday Afternoon Quiz led by Mandy

Wednesday Afternoon Musical Activity

Thursday Afternoon Jung Meditation

Friday Afternoon Canoe Lake Library

Saturday afternoon Bingo with our staff

Sunday afternoon Pampering sessions

Our Friendly Pets visits continue to occur at least once a month.

We shall have Visosport attending once monthly.

We continue with the regular visits by the hairdresser/barber and podiatrist.

Please refer to the monthly Activity Schedule we have on display at the Home, for any updates.