

Volume 1 Issue 11



Welcome

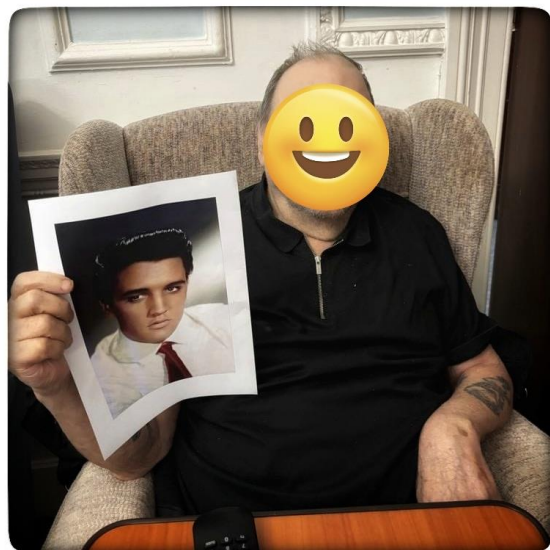
Dear Relative,

Welcome to our February newsletter! As we embrace the heart of winter, we hope this message finds you well. In this edition, we have some wonderful highlights to share from the activities from last month.

Our team has been working hard to ensure that our residents feel comfortable, engaged, and cared for, and we are thrilled to showcase some of the moments that make our community so special.

Entertainment and Activities

As we had announced, the 90th anniversary from Elvis Presley's birth was celebrated. He is quite a favourite amongst our residents.

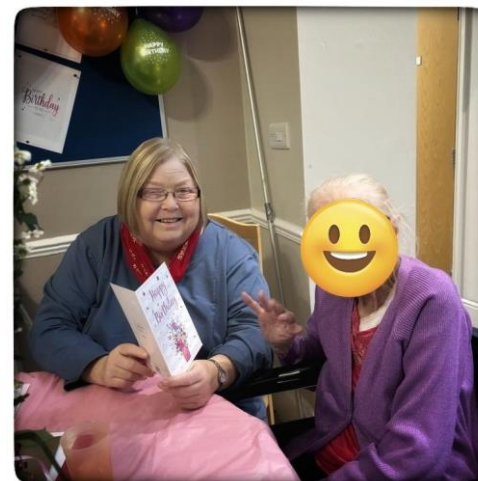


A few of our residents defied the cold and had a shopping trips, with a visit to the coffee shop, for a lovely hot drink.



We celebrated two birthdays this month.

One of our lovely ladies turned 98 and a gentleman celebrated his 84th birthday!



Needless to say that sweet treats were in order, and everyone got a chance to help with cupcake decoration.



Entertainment and Activities

Within our regular activities, we would like to share with you this month, how we include and support residents that are unable to attend the communal areas.

We have Ross from Seated Exercises working with a gentleman in his bedroom.



And here we see Jung Mediation, also occurring on a 121 basis, for people unable to attend the communal areas for this activity.



And one of our favourites, the Pompey Pluckers! They are always a lively bunch and bring about many smiles.



And within musical activities, we had T42 visit some service users in their bedrooms.



Home and Staff News

This month we have been working diligently on reviewing systems in place. This work has occurred mainly within the Management Team and it is essential in overseeing the safe provision of care.

We have reviewed the past year in all aspects pertaining to Care and Support, Safe Working Practices, Staffing and Quality Improvement.

Within this review we have considered your feedback within the surveys, compliments and complaints.

As such, we are in the process of allocating a new staff member to the role of Activities Coordinator. This is done with a view of further assisting in this essential area of our service users' wellbeing, mainly in supporting with more with activities within in the morning period.

We are having a new RGN join us on full time basis. Please join us in welcoming Jaissy Sam to the Regency Nursing Home team.

We are also recruiting a Health Care Support Worker on temporary basis, in order to support whilst we have a carer on maternity leave.

For next month

For February we are preparing for Valentine's Day Tea and will have the Ems Friendly Farm visit on the 24th of February.

We are also exploring the possibility of visiting the Charles Dickens Birthplace Museum.

Please refer to the monthly schedule for any updates.

We would also like to request family and friends wanting to support with an outing for a Pub lunch, to get in touch with our Assistant Manager Lee-Anne Blythe.

Lee-Anne is looking at repeating this outing with our service users and it would be wonderful to have family and friends' support, as it further brings joy to your loved ones.

Please either contact Lee-Anne via our office email, office@regencynh.co.uk or alternatively, please call the Home on 02392 820 722 between 8 and 4pm, Monday to Friday.

This activity will be held in the beginning of March, but as you may imagine, we do need to prepare well in advance.

We thank you for your support in providing the best care to your loved ones!

Please know that if you would like to see previous newsletters, we have these on our Home's website:

<https://regencynh.co.uk>

We are also eager to receive any feedback you may have.

You are welcome to do so by speaking to our staff, or alternatively you may refer to the contact option on the website.

You may also choose to provide feedback via Google review.

We are also very keen on any ideas or suggestions you may have to further enhance the quality of life for your loved one. Please use the comments/suggestion boxes placed in the Home, or alternatively, you may refer to the website contact option, as stated above.

Our surveys shall be sent out on a three-monthly basis, with the next one due in February 2025.

Our Mission

Our goal is to provide compassionate, person-centered care that meets the physical, emotional, and social needs of each individual in our care, by creating a supportive and nurturing environment.

Activity Schedule

Monday Afternoon Armchair exercises with Ross

Tuesday Afternoon Quiz led by Mandy

Wednesday Afternoon Musical Activity

Thursday Afternoon Jung Meditation

Friday Afternoon Canoe Lake Library

Saturday afternoon Bingo with our staff

Sunday afternoon Pampering sessions

Our Friendly Pets visits continue to occur at least once a month.

We shall have Visosport attending once monthly.

We continue with the regular visits by the hairdresser/barber and podiatrist.

Please refer to the monthly Activity Schedule we have on display at the Home, for any updates.